

Restarting Judo during the Pandemic - FAQs for Clubs

Q - We don't have the resources to implement the protocols. What should we do?

A - Wait until the club has the resources, contact Judo BC for suggestions and/or wait until enhanced safety protocols are eased

Q - Masks – why?

A – Currently recommended by IJF and Judo Canada

Q – Can we modify the protocols?

A - Use common sense, ensure social distancing as much as possible, follow enhanced safety protocols and ensure alignment with Provincial Health Authority requirements

Q - Drop ins? or pre-registration?

A - Depends on facility – must maintain social distancing while entering and exiting the dojo

Q - Are individuals that are at high risk for COVID-19 allowed? i.e. people over the age of 50/60

A - Individuals need to assess their own risk

Q - Mat size per cohort?

A - This should be based on what your mat area will safely allow

Q - Does school count as a cohort?

A - Not in this context

Q – Do coaches count towards the cohort number?

A - Coaches must count towards the cohort if any contact between the coach and participants.

Q - For the 2 weeks of partner training required before transitioning to cohorts, how much space per partners is required?

A - 16m²/partners

Q - How long can one cohort of ten be exposed to each other?

A - The cohorts should remain the same for the entire Phase

Q – Can an individual coach in one cohort and be a participant in another

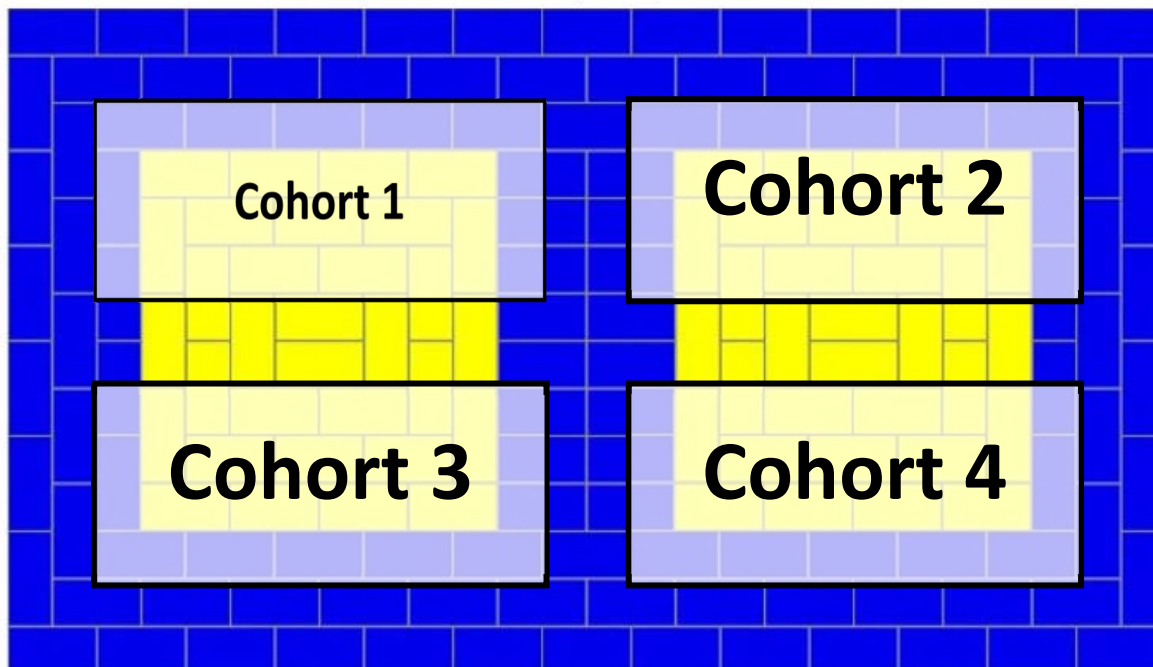
A – Yes, we recommend individuals limit the number of sport cohorts to 1 or 2

Q – Can cohorts alternate on the mats? i.e. light weight cohort watches, while heavy weigh cohort does randori and then the cohorts switch?

A – No, each cohort needs their own space on the mats. See below for an example of multiple cohorts

Q – Can 2 cohorts share the same mats while warming up?

A – No, each cohort needs to stay in their own spaces on the mats.



General questions? Contact executivedirector@judobc.ca

Judo specific questions? Contact sdd@judobc.ca