

# 01 SCHEDULES\*

Revised April 3, 2025

## COMPETITION, REFEREES & KATA JUDGES

### Friday, April 4, 2025

5:00 pm	Referees Meeting for U8, U10, U12 Competition, Kata Judges Meeting for Kodomo-no-kata, Nage-no-kata
5:30 pm	Group Warmup for U8, U10, U12
6:00 pm	Opening Ceremony
6:15 pm	Starts for U8 Demo and Kodomo-no-kata
~6:45 pm	Approximate Time - Competition Starts for U10, U12
~8:20 pm	Approximate Time - Competition Starts for Nage-no-kata

### Saturday, April 5, 2025

8:00 am	Referee Meeting
8:30 am	Opening Ceremony
8:45 am	Competition Starts for U14 & Veterans
-11:30 am	Approximate Time - Competition Starts for U18 & U21
-2:00 pm	Approximate Time - Competition Starts for U16 & Seniors
~7:30 pm	Coaches, Judges, Referees & Officials Social at the Best Western PLUS (Must be 19+ Years of Age)

## WEIGH-IN & CHECK-IN

### Friday, April 4, 2025

4:00 pm - 7:30pm	Unofficial Scale Available
4:45 pm	Check-in for U8, U10, U12
6:30 pm	Check-in for Kodomo-no-kata, Nage-no-kata
5:30 pm - 6:00pm	Official Weigh-in U14
6:00 pm - 6:30pm	Official Weigh-in U16
6:30 pm - 7:00pm	Official Weigh-in U18
7:00 pm - 8:00pm	Official Weigh-in U21, Senior, Veterans

## PROVINCIAL PRACTICE

### Sunday, April 6, 2025

8:30 am - 10:30 am	Provincial Practice* (*U14 and up, orange belt and above, no exceptions)
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**Medals** will be awarded once the block is completed.

**Warm-up:** there will be an opportunity of approximately 20 mins. to warm-up on the competition mats before the start of the block, during the medal presentation. There is also a designated Warm-up Area located in the lobby area of the main floor.

All events, meetings, weigh-in, and the training camp will take place at the **Charles Jago Northern Sport Centre, UNBC, 3333 University Way, Prince George, BC**