### **Return to Judo – August 2020**

### **During the COVID-19 Pandemic**

Doh and Joe are ready for Phase 3. Are you?





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### Return to Judo - August 24, 2020





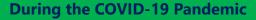
### **Club Zoom Meeting**

- 1. Return to Judo Protocols
- 2.Q&A
- 3. Judo BC's planning for 2020-21 Events, Team & Projects
- 4.2020-21 Registration
- 5.Q&A
- 6. Next Zoom meeting August 31

## Goals of this meeting: 1. Provide the most up to date information 2. Review the Return to Judo Protocols 3. Ensure clubs are ready for the 2020-21 season

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## Revised Phase 3 Protocols for Judo What's new:

- Training in cohorts of 10 or less permitted, after 2 weeks of training with 1 partner – step by step approach
- More than 1cohort can be on the mats at the same time if enough mats – 2 metre distance between cohorts must be maintained
- Updated Individual Screening Questionnaire

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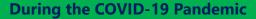
### **Return to Judo**





## Revised Phase 3 Protocols What's new continued:

- Individuals can be in more than 1 judo cohort only if one is within the club and 1 within the Provincial Team Program
- Clubs to determine if they allow an individual to be in a cohort in another activity i.e. BJJ, MMA and a cohort within their club
- We recommend everyone limits the number of sport cohorts they are in to 1 or 2 cohorts.





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### **Return to Judo**

### **During the COVID-19 Pandemic**



## Revised Phase 3 Protocols What's the same:

- Cleaning
- Screening
- Participant Agreement (until individual has completed their 2020-21 registration which includes the new agreement)
- No sharing of equipment

### **Return to Judo Protocols**



### **During the COVID-19 Pandemic**

### **FAQs**

Q - We don't have the resources to implement the protocols. What should we do?

A - Wait until the club has the resources, contact Judo BC for suggestions and/or wait until enhance safety protocols are eased

Q - Masks - why?

A – Currently recommended by IJF and Judo Canada

Q - Modifications?

A - Use common sense, ensure social distancing as much as possible and follow enhanced safety protocols

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### **Return to Judo Protocols**



### **During the COVID-19 Pandemic**

### **FAQs**

Q - Drop ins? or pre-registration?

A - Depends on facility – must maintain social distancing while entering and exiting the dojo

Q - Are individuals that are at high risk for COVID-19 allowed? i.e. people over the age of 50/60

A - Individuals need to assess their own risk



### **During the COVID-19 Pandemic**

### **FAQs**

- Q Mat size per cohort?
- A This should be based on what your mat area will safely allow
- Q Does school count as a cohort?
- A Not in this context
- Q Do coaches count towards the cohort number?
- A Coaches must count towards the cohort if any contact between the coach and participants. If more than 1 cohort training at the same time the coach must be part of only one cohort for demonstration purposes. They must maintain the 2 metre distance from the other cohorts

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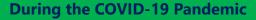
### **Return to Judo**



### **During the COVID-19 Pandemic**

### **FAQs**

- Q For the 2 weeks of partner training required before transitioning to cohorts, how much space per partners is required?
- A 16m2/partners
- Q How long can one cohort of ten be exposed to each other?
- A The cohorts should remain the same for the entire Phase
- Q Can you please let us know how and when to apply to the via sport funding for clubs?
- A Judo BC will notify clubs as soon as we receive the details of how and when to apply for the viaSport funding.





### **FAQs**

Q - Is the NCCP Comp Dev course in December in BC

A - Yes is taking place in Burnaby at the Odd Squad Police Judo facility.

Q – Can an individual coach in one cohort and be a participant in another

A – Yes, we recommend individuals limit the number of sport cohorts to 1 or 2

Q – Can cohorts alternate on the mats? i.e. light weight cohort watches, while heavy weigh cohort does randori and then the cohorts switch?

A – No, each cohort needs their own space on the mats

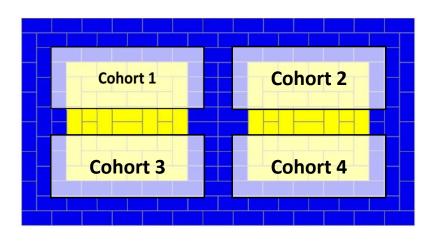
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## Return to Judo During the COVID-19 Pandemic



Q – Can 2 cohorts share the same mats while warming up?

A – No, each cohort needs to stay in their own spaces on the mats.





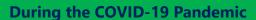


### 2020-21 Registration

- Annual Club registration is open
- Individual Membership registration can begin as soon as club registration is approved.
- Only change is new waivers & waiver process
  - RÉLEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT 19 and over
  - INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT 18 years and younger
  - · If person completing waiver in person, witness is required
  - If club inputting data into Trackie link to waiver will be emailed to participant/parent

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### **Return to Judo**





## Judo BC's planning for 2020-21 – subject to change Events:

- Decentralized Fall "Camp" mid October/November
- Virtual Awards Gala same weekend as fall camp
- Virtual AGM November 27
- NCCP Comp Dev course Dec 4 to 6
- December Grading
- Modified Winter Camp December 27 to 30
- Modified competitions starting in early 2021
- Coaching Conference in June 2021





## Judo BC's planning for 2020-21 – subject to change Team BC:

- HP Team Selection application deadline October 1<sup>st</sup>
- National Selection criteria being revised to reflect less training camps
   & competitions

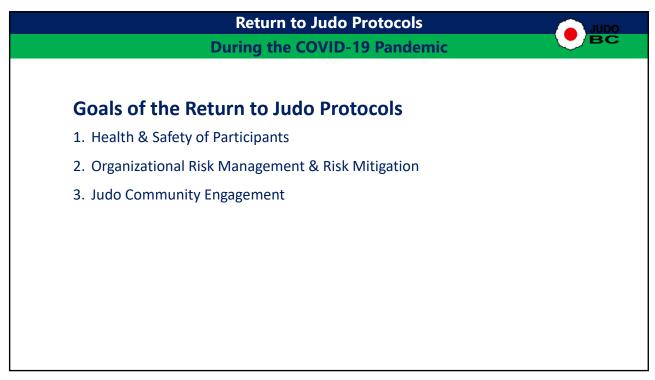
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### **Return to Judo Protocols**



**During the COVID-19 Pandemic** 

### **Return to Judo Protocols Training**



Return to Judo Protocols

During the COVID-19 Pandemic

Judo Canada
Recommendations

Authorities

ViaSport BC
Guidelines

WorkSafe BC
Guidelines

Provincial Health
Authority
BC Restart Plan

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### **Return to Judo Protocols**



**During the COVID-19 Pandemic** 

### **Organizational Risk Management**

Follow the Judo BC Protocols

### **Insurance**

Ministerial Order protects not for profit sport organizations from claims related to COVID-19

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### **Return to Judo Protocols**



**During the COVID-19 Pandemic** 

### **Protocol review**

- Risk Mitigation
- Social Distancing when not on the mats with cohort
- Masks are mandatory

## Return to Judo Protocols During the COVID-19 Pandemic Next Steps for Clubs 1. Develop Club Safety Plan 2. Approve Club Safety Plan & Judo BC Protocols 3. Complete Club Screening 4. Receive approval from Judo BC 5. Prepare dojo and venue — signage, flow of people, cleaning, etc... 6. Train coaches & volunteers 7. Communicate with club members 8. Annual Club Registration & Individual Member Registration 9. Restart activities!

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# During the COVID-19 Pandemic Q & A

## Next Club Zoom Meeting August 31st Repeat of the information presented today.