

**JUDO
B.C.**

2015 Annual General Meeting

Schedule of Events

8:30 am	Continental Breakfast
8:30 am	Registration of delegates and proxies
9:30 am	Judo BC Kids Update
9:45 am	SFU Partnership Presentation
10:00 am	Workshop #1 – Regional Development
11:45 pm	Sports on Mats Update
12:00 pm	Lunch
1:00 pm	Round Table Discussion – Strategic Plan
2:15 pm	Break
2:30 pm	Annual General Meeting



2015 AGM Workshops

Judo BC Kids

www.judobckids.ca



SFU Partnership Presentation

Presented by: Liam Donnelly

https://www.youtube.com/watch?v=Kqh_z3SDqwg





Regional Development Workshop

Presented by: Jeremy Grant

Regional Development : Teen Programming

Presented by Jeremy Grant, Victoria Judo Club

Brief intro

Teen (Junior) Programming goals

Teen programs at VJC

Regional training

Regional Shiai

Regional Shiai setup demo and discussion points

Idea sharing/workshop

What do I mean by teen programs?

Specialized for teen interests and energy

LTAD for U14->U21 athletes.

Prepare athletes for nationals

What does the LTAD specify?

Depending on age:

4-6 practices per week

20-40 competition bouts per year

Right type of training!!

Where does it come from? Local? Regional?
Provincial?

What does VJC look like

Senior Class - recreational, 3x week

Junior Class - ages 8 to 13, 2x week

How many have teens training primarily with adults?

VJC Teen Practices

Advanced (multi-club) teen class, by invitation

12 years old, yellow belt and up

High tempo, high energy, lots of instructor interest and help

Teen program other pieces

Weekend workouts, music, high tempo less instruction and more sweat

Cross-training at other clubs

Exposure to the provincial and regional programs

.

Concerns

Competitive teens with rec adults.

Teens practicing with juniors .

Almost meeting LTAD for volume but not enough of the right kind practice.

Elsewhere on the island

Campbell River, Nanaimo, Mill Bay have athletes competing nationally.

Similar picture, teen competitors are a minority.

Numbers game.

Regional Training

1-2 practices per month

Quality training for nationals preparation

Cooperation essential - “island team”

Joint coaching

Regional Training - Hosting

Overnight camps

Girl's billeted, boys crash in dojo

Team bonding

Regional Shiai

Development for pre-teens

Get those 20-40 bouts

Other experience (Referee, Coach)

Set the tone early

Regional Shiai - My way

Mat managers and runners

Honor system w/ scale at mat-side

Same medal for u10 (or U12) and under

Judo Shiai software for scoreboard

Regional Shiai Getting Started

Can be easy to run!

Mats, Medical, Medals.

Thinking bigger.

Demo

Google Forms for Registration (so easy!)

Divisions using Google Sheets

Quick and Easy Round Robin Draw

BCWG Trials 2015/2016

Can be done at regional training

Identify and INVITE the athletes early!

Weigh-in but don't require to "make" weight

Review Regional Building blocks

Local Junior Program

Local Teen Program (variety and tempo)

Regional practices

Regional competitions

Successes and Challenges

A specific program for teens.

Better preparation for nationals.

Would like to grow the numbers (coaches?).

Novice teen program.

Workshop component

Remember I said I wanted to steal ideas too?

Some interesting teen statistics

U16->U21 (orange and up 204, 384 all ranks)

U14->U18 (all ranks) - 567

Presentation of worksheet (time permitting)



Sports on Mats Presentation

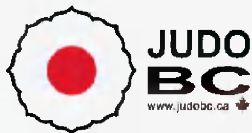
Presented by Drew Mitchell

Sports on Mats

What is it?

An Innovative Skills Program partnering
Judo, Karate, Wrestling & Gymnastics

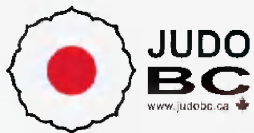
Lead by Judo BC and supported
by a BCSPG Grant



Sports on Mats

Purpose

To increase FMS levels and physical literacy in children through the delivery of innovative and fun programming.



Sports on Mats

Objectives

- Introduce children to a fun, creative and informative skill developing environment
- Increase K-2 teacher competencies/ confidence in supporting these skills
- Increase the knowledge of combative sports opportunities
- Increase partnership opportunities with school districts, recreation departments and after school programs



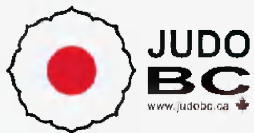
Sports on Mats

- Develop abilities in accordance with personal growth and development: body awareness, motor capacities, lateral skills, social interaction and creativity
- Increase overall feelings of well-being, confidence and self-esteem.
- Support LTAD stage appropriate outcomes for each partner combative sport

Sports on Mats

What did it look like?

- Piloted in 4 regions and over 15 schools in BC – Kelowna, Kamloops, West Vancouver & Surrey
- Lesson plans developed – 6 week delivery
- Mentor Instructor delivers program with generalist teacher - intentional



Sports on Mats

- Enriched learning environment for kids
- Fills a gap of skill development for the kids
- Create more awareness and acceptance of improved movement.
- Build the foundation for more complex movement

Sports on Mats

Outcomes:

- Over 1900 kids participated
- 60+ teachers supported with embedded Pro D
- Additional Pro D provided
- Introduced to StrongStart (new territory)

Sports on Mats

What did we learn?

- Customize lesson plans – 30, 40, 50 minutes
- Develop more Mentors – each region
- Introduce phase 2 – connect to community delivery – clubs
- Build/connect the pathway



Strategic Plan Round Table

Presented by Katie Thomson

Strategic Plan



- ☐ Why spent time on this?
- ☐ What's in the plan?
- ☐ How to implement the plan?
- ☐ Next steps?

Strategic Plan – Why?

- ❑ Required by our funding partners
- ❑ Clear roadmap and direction for the organization
- ❑ Guides board, committees and staff with decision making
- ❑ Provides a way to measure success

Strategic Plan – What?

Built on the existing plan with some modifications:

- Adopted Judo Canada Plan
- Separated out the Operational Plan
- Ensured the plan is achievable
- Ensured alignment with ViaSport strategic plan
- Ensured current best practices

Strategic Plan 2015 - 2019



VISION STATEMENT – Old

Judo BC is acknowledged by our sport peers for our customer and service oriented approach and recognized as a leader in the judo community in Canada due to its quality foundational and high performance programs and services that foster lifelong sport participation.

VISION STATEMENT - New

To be a leader in Canada in developing lifelong participation and sports excellence

Strategic Plan 2015 - 2019



MISSION STATEMENT

Judo BC promotes, supports and develops Kodokan Judo as a sport, martial art, self-defence, recreation, fitness and health activity, and as a way of life through leadership, programs, and activities, in cooperation with its member clubs and its partners.

Strategic Plan 2015 - 2019



VALUES

Mutual welfare and benefit

Strive for fair play, integrity and personal excellence

Demonstrate respect for self and others

Maximum-Efficiency

Practice excellence in service through all facets of the organization

Cooperation

Support equality and fairness for all members

Ensure equity and access in programs and services

Maintain open communication with members and partners

Strategic Plan 2015 - 2019



AREAS OF EMPHASIS AND GOALS

Participation → Increase membership by 12%

Performance → Increase the number of nationally ranked E and above BC athletes to 8 – 10

Technical Development → Increase the number of officials to support the tournament system

Organization & Management → Sustainable, effective and efficient structure and systems in place to support Participation, Performance and Technical Development

Strategic Plan – How?

Develop Operational Plan

- feedback and ideas from board
- feedback and ideas from membership
- comply feedback and ideas
- Committees to finalize the tactics & KPI
- Board to review and approve Operational Plan

Strategic Plan – Round Tables



Participation

Explore reasons that judokas enter the sport, stay in the sport and exit the sport to help Clubs develop retention strategies

Performance

Investigate the establishment of, and if feasible activate a provincial training centre to provide a core group of athletes, training partners and coaches a dedicated training environment and a transition program for the NTC

Technical Development

Increase the number of trained coaches transitioning to certified coaches by 50% by the end of 4 years

Strategic Plan - Next Steps



1. Operational Plan

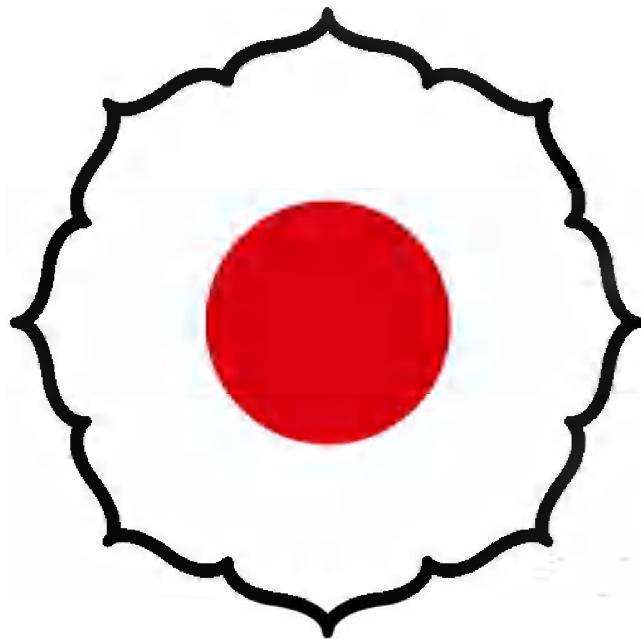
2. Communication

- ✓ Membership
- ☐ Judo Canada
- ☐ ViaSport

3. Monitoring and Evaluation:

- ☐ Key reporting at Board meetings by Committees, Board and Staff
- ☐ Driving Board, committee and staff work
- ☐ AGM reporting
- ☐ Judo Canada & viaSport reporting
- ☐ Review Strategic Plan and Operational plans annually

2015 Annual General Meeting



**JUDO
BC**

2015 AGM Agenda

- 1) Meeting called to order
- 2) Adoption of Agenda
- 3) Review and Acceptance of minutes from 2014
- 4) Treasurer's Report
- 5) Reports
- 6) Resolutions
- 7) Elections of Officers
- 8) Old Business
- 9) New Business
- 10) Announcements
- 11) Awards Presentations
- 12) Adjournment

Treasurer's Report, Eric Cherneff

1. Review of Financial Statements to March 31, 2015
2. Review and Adopt budget for 2015/16
3. Appointment of Auditor for 2015/16 fiscal year

Reports

- | | |
|------------------------|-------------------------------|
| 1. President | Sandy Kent |
| 2. Judo Canada | Sandy Kent |
| 3. Executive Director | Katie Thomson |
| 4. BC Team | Bruce Kamstra |
| 5. Technical Committee | Katie Thomson |
| 6. Grading Board | Art Nishi |
| 7. Coaching | Bruce Fingarson |
| 8. Referee | Ron Kuramoto/Graham Magnusson |
| 9. BC Winter Games | Katie Thomson |
| 10. Women's Committee | Donna Hanson |

Technical Committee



1. Selection Events – deadline June 19th
2. Team Selection Criteria – Available June 2015
3. Canadian Sport Institute/Pacific Sport Carding
4. BC Athlete Assistance Program

Coaching Development Report



***National Coaching
Certification Program***

- ☐ Dojo Assistant (DA)
- ☐ Dojo Instructor (DI)
- ☐ Evaluations
- ☐ The Locker
- ☐ Competition Development (Comp Dev)

Sensei. How do I advance in
coaching? What do I need?
How does the new system
compare to the old system?

DA

?

DI?

Hours?

Level

1

Level

2

Int-Beg?

Comp-Int?



THE JUDO WAY for Assistants

DA (Dojo Assistant)

IN TRAINING

TRAINED

Take a
DA course



Pass the
online MED



Pass the
evaluation¹

(Comp_Int)



DA CERTIFIED (INST-BEG)

(EQUIVALENT TO THE OLD LEVEL 1)

MED = MAKING ETHICAL DECISIONS

COMP-INT = COMPETITION

INTRODUCTION

INST-BEG = INSTRUCTOR BEGINNER

THE JUDO WAY for Instructors

DI (Dojo Instructor)



COMP-INT = COMPETITION

INTRODUCTION

INST-IMD = INSTRUCTOR INTERMEDIATE

¹ - HOW TO GET EVALUATED

COACH!
DA → 60 Hrs
DI → 120 Hrs



**Make a
Lesson Plan
(LP)**



**Get the Dojo's
Emergency
Action Plan**

**Self Evaluate
Using The
Template**



**Reflect on
Your Results**



**Get Your Sensei
to Evaluate you**

**SEND EVERYTHING IN AND REQUEST AN
EVALUATION**

Coaching Development Report

The Locker

Coaches of Canada Database



Coaching Development Report

Comp Dev Course (Level 3)

August 21 – 23

Fortius Sport & Health, Burnaby

Prerequisites:

6 Multi Sport Modules

Classroom or online



BC Games

Where:	Penticton
When:	February 25 – 28, 2015
Who:	14 – 16 year olds (birth years 2000, 2001 & 2002 Minimum Rank – orange belt
Rules:	IJF U16
What's New:	Zone realignment

BC Games

Zone realignment

Metro Vancouver area only

Zone 3 – Abbotsford, Langley, Maple Ridge,
Mission, Pitt Meadows

Zone 4 – Burnaby, New West, Coquitlam, Port
Coquitlam, Port Moody, Surrey, White
Rock

Zone 5 – Vancouver, Squamish, North Van, West
Van, Sunshine Coast, Delta, Richmond,
Tsawwassen

BC Games



Resolution

Resolution:

Nomination of Sensei James Ramsay, Rokudan, to Judo BC Life Membership status

Motion:

Where as Mr. James Ramsay has devoted his life to the sport of Judo in BC and in particular Campbell River. I do so move to nominate Mr. Ramsay to Lifetime Memberships status in Judo BC.

Rational for the Resolution:

Mr. Ramsay has been the life force of the Campbell River Judo Club since he started the club in July 1966. Now at the age of 85 years it seems appropriate to honour his dedication by making him a life time member.

Submitted and moved by Darcy Yule, seconded by Bruce Henry

Elections of Officers

President – two year term

Sandy Kent

2nd Vice President – two year term

Bruce Fingarson

Treasurer – two year term

Athlete of the Year Awards

- **2014 Male Athlete of the Year**
- **2014 Female Athlete of the Year**

These awards are presented annually and the recipients are selected by the Provincial Coach for their outstanding performance and achievement during the past season. Normally these awards are presented at a tournament during the next season so that the athletes are recognized in front of their peers.



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**JUDO
BC**

ANNIVERSARY

1964 ~ 2014

BRANDON JOBB

2014 ATHLETE OF THE YEAR



SENIOR GOLD ~ 2014 CANADIAN JUDO CHAMPIONSHIPS | SILVER ~ 2014 PAN-AMERICAN OPEN



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**JUDO
BC**

ANNIVERSARY

1964~2014

ABBY LLOYD

2014 ATHLETE OF THE YEAR



2014 CANADIAN CHAMPIONSHIPS
U21 GOLD & SENIOR BRONZE

Steve Sasaki Memorial Award



*Presented annually
to a long time
member of Judo
BC who exemplifies
the principles of
Kodokan Judo*

Steve Sasaki Memorial Award



2015
Recipient
Al Hadvick