

# JUDO BC DIGEST

## Fall 2008

*Below: Participants in Judo BC's annual Referee Clinic. See story inside....*



# JUDO BC DIRECTORY

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## Referee Committee

Chair – Seiko Ouchi  
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Members: Russ Ko, Ron Kuramoto, Les Kotani

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## JUDO BC

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## Executive Director

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## Technical Committee

### Regional Representatives:

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## NCCP

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*Judo BC does not endorse or recommend all opinions that may be expressed herein. The opinions expressed herein are not necessarily the opinions or policy of Judo BC, its members or the Judo BC Executive or its Committees*

# CALENDAR OF EVENTS

2008			
DATE	TOURNAMENT	PLACE	CONTACT
November 15-16	Hatashita International	Toronto, Ontario	info@judo.on.ca
November 22	Pacific International Junior	Steveston, BC	ken_takahashi@telus.net
December 6	Canada West Invitational	Burnaby, BC	tommukai@hotmail.com
December 7	Black Belt Grading	Steveston, BC	Nishi8@telus.net
December 27-30	Christmas Camp	Abbotsford, BC	<a href="mailto:info@judobc.ca">info@judobc.ca</a>
<b>2009</b>			
January 9-10	Theory B	Lower Mainland	<a href="mailto:info@judobc.ca">info@judobc.ca</a>
January 31	Vancouver International Open	Vancouver, BC	seikidokan@netscape.net
January 23-25	Dojo Instructor Technical	Lower Mainland	<a href="mailto:info@judobc.ca">info@judobc.ca</a>
February 21	Pacific International Senior	Steveston, BC	ken_takahashi@telus.net
February 22-24	National Team Training Camp	Steveston, BC	<a href="mailto:info@judobc.ca">info@judobc.ca</a>
March 7	Vancouver Island Open	Victoria, BC	<a href="mailto:Khamer@telus.net">Khamer@telus.net</a>
March 21-22	Edmonton Shiai	Edmonton, AB	mhicks@telusplanet.net
April 11	BC Open	Vernon, BC	250-545-5797
April 18-19	Kata Clinic	Steveston	Nish8@telus.net
April 25	Prince George Open	Prince George	Aline.Strasdin@gov.bc.ca
May 16-17	Senior National Championships	Sherbrooke, PQ	www.judocanada.org
June	Annual General Meeting	Richmond, BC	<a href="mailto:info@judobc.ca">info@judobc.ca</a>
June	Black Belt Grading	Steveston, BC	Nishi8@telus.net
July 3-5	Junior National Championships	Calgary, AB	www.judocanada.org

If you have any changes or additions to the Calendar of Events, please contact the Judo BC office.

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**Judo BC acknowledges the financial assistance of the  
Province of British Columbia**

# Executive Director

The 2008-09 is well underway and our members have been taking advantage of numerous developmental opportunities both at home and around the globe.

In September, our elite athletes represented Canada at the US Open and Rendez-Vous Canada competitions. In the meantime, our officials were busy honing their skills at Judo BC's Annual Referee Seminar in Abbotsford. Finally, Dr. Ron Wright held a Multi-Sport A clinic in Pitt Meadows, which was followed up with an extremely successful Dojo Assistant course in Abbotsford.

In October, our athletes attended the Quebec Open, and in preparation for the December grading, the Grading Board hosted a Kata clinic at the Steveston Judo Club. On October 4<sup>th</sup>-5<sup>th</sup>, Mr. John Huntley hosted the 5<sup>th</sup> Annual Instructor's Seminar at the Delta Kaigan Judo Club where club coaches had the opportunity to come together and share ideas. Also in October, Judo BC was represented at this year's Junior World Championships in Thailand by two of our members, Scott McGrandle (Burnaby) and Stefan Zwiers (Prince George).

From an organizational standpoint, we are working towards successfully aligning ourselves with Judo Canada's Long Term Athlete Development Model. This is being accomplished in part through changes to competitive age and weight categories, and by restructuring existing programs such as the BC Winter Games.

As you are aware, we are also in the process of adopting Judo Canada's online registration system. Therefore, I would like to take this opportunity to thank all of our members for their patience and understanding with the new registration process. I appreciate the time commitment and difficulties associated with this type of change. However, overall we are making great strides towards successfully completing this transition. In closing, I would like to wish all of you continued success throughout the remainder of 2008, and look forward to seeing you at upcoming events.

Sincerely,

Renée Hock  
Executive Director

# **5<sup>th</sup> Annual Judo Instructor Seminar**

**October 4<sup>th</sup> & 5<sup>th</sup>, 2008**

**Submitted by: John Huntley**

Delta Kaigan Judo Club of Delta, B.C. was again the host venue for the 5<sup>th</sup> Annual Instructor Seminar moderated by John Huntley, 7<sup>th</sup> dan of Aberdeen Judo Academy, Kamloops, B.C.

Forty-five judoka representing 12 clubs participated in the seminar which ran from 10 am – 5 pm on Saturday and 9 am to 1 pm on Sunday. Participants came from the interior, the lower mainland and Alberta.

Delta Kaigan Judo is unique in that it has a large area featuring banquet tables so that off-mat presentations can be held with comfortable seating. The seminar opened with a trip through the participant manual (180 pages!) which each person received, laying out the topics to be covered over the two days:

- John Huntley (Aberdeen Judo Academy) - set up & successful operation of a judo club, innovative warm-ups & teaching drills, use of auxiliary training tools (Swiss Balls, bean bags, doweling, judo belts, basketballs, etc.)
- James Chevrette – (Aberdeen Judo Academy) - dynamics of proper application of kansetsu-waza (arm locks)
- Russell Ko – (Burnaby Judo Club) - mat-side coaching – in the dojo and at shiai, latest competition rule changes
- Joe McCarthy – (UBC Judo Club) - legalities of judo actions inside & outside of the dojo
- Len Krekic – hands-on demonstrations and practice of kettle bell use in judo training
- Bruce Fingarson – (Delta Kaigan Judo Club) mental imagery & visualization – training in the dojo and for use at competitions
- Fardin Aghael – (PoCo Judo Club) - aspects of competition-specific training for high level competitors – in the dojo and at competitions

Delta Kaigan arranged for a continental breakfast both mornings prior to the seminar; a big 'thank you' to Sensei Bruce Fingarson and his members/parents for their excellent facility set-up and their support of the seminar!

Certificates of participation to the attendees and gifts to the topic leaders were presented individually at the conclusion of the seminar. Comments received indicate this was one of the best seminars to date and stated again that some of the topics covered could have taken a weekend in themselves.

The next seminar is already in the planning stages!

# Rendez-Vous Canada

Montreal, PQ

Submitted by: Mark Tsuyuki

With a participation level totaling less than 190 competitors for this event, I felt that this year's Rendez-Vous was disappointingly small. There was the usual group from Jason Morris's club and a few from Pedro's club. Additionally, there was a Swedish team, a French team from "Racing Club", a Brazilian team, and one or two athletes from Mexico, Australia, Ukraine and a few other countries. There was no Japanese team in attendance.

As a province BC had six athletes participate:

<u>Competitor</u>	<u>Category</u>	<u>Result</u>
Blake Tsuyuki	-60kg	1W 2L
Cameron Butler	-66kg	2W 2L (5 <sup>th</sup> place)
Scott McGrandle	-73kg	2W 2L
Justin Imagawa	-81kg	1W 2L
Stefan Zwiers	-100kg	2L
Ashley Bartlett	-63kg	2L

There were no special rule changes for this tournament.

## **Ashley Bartlett**

This was a strong division with 17 competitors. Her first match was against Emily Claude Leroux who ended up with the bronze medal. Ashley started out well, trading aggressiveness with aggressiveness, but was eventually thrown and held down. Ashley then fought Lapalme-Gendron of Quebec in loser's pool. She quickly took the lead with 2 yukos, but unfortunately succumbed to her opponent on the ground.

## **Blake Tsuyuki**

This division was another tough division with 17 athletes. Blake had a very tough first match against Diego Sanchez which he won by a koka scored late in the match. His next match was against Canada's Olympian, Frazier Will. For the most part, Blake fought tough and smart against Frazier. There were points in the match where he dragged Frazier around resulting in a shido against Frazier. Unfortunately, leading the match with less than 25 seconds to go Blake made a tactical error and got choked out. On the loser's side, Blake lost a questionable match to Kunihiro (I think from Pedro's club).

## **Cameron Butler**

This was a strong division with 21 athletes, but Cameron had a great draw. He had a bye first round and so the warm up was important as whoever he would face would already have 1 fight under his belt. His first match was against Nicholas Smith (PQ), which he won with a spectacular throw. In his second match he defeated Stefane Troung with a beautiful tai-otoshi throw for ippon. In the semi-finals Cameron faced the eventual gold medalist Michal Popeil. Michal is a veteran multi time National Medalist and if my memory serves me right he has placed in Europe as well. Unfortunately, Cameron succumbed to Popeil's experience setting the stage for a bronze medal match against Bolen from the USA. Cam took an early wazari lead, but made a tactical error and was thrown for ippon with uchimata. Cam placed 5<sup>th</sup> overall.

### **Scott McGrandle**

This was another strong division with 22 athletes. There were 3 French fighters and 2 Brazilian fighters. Scott won the first match against Maxime Castonguay (QC) by koka. In his second match, Scott lost to the Brazilian, De Souza, by wazari. De Souza ended up winning this division. In the loser's pool, Scott beat Raymond from the USA by ippon. In his third and final match, Scott lost by yuko to Bobby Lee of the USA.

### **Justin Imagawa**

Justin is coming off of an injured ankle. He had a tough first round match with Klemen Ferjan. This was another tough division with 22 athletes, 2 French, 2 Brazilians, a Slovenian, a guy from Ukraine and Travis Stevens. Justin lost to Klemen by yuko. Klemen eventually won silver in this division. In his second match against Forget-Besnard, Justin won by ippon. He had a tough third match against St Leger where he was countered for two wazari's, knocking him out of the tournament.

### **Stefan Zwiers**

Stefan was out in two matches. His first match was against the gold medalist, Aouidate from France. He threw Stefan for ippon with a modified kata guruma from the lapels, I think. In the loser's pool, Stefan fought Myles Porter. Stefan started out being aggressive and scored a wazari. However, Porter then changed attack strategies going for Stefan's leg and an o/h grip. Stefan did not know how to respond to this grip, and was eventually countered to lose the match.

# BC TEAM CHRISTMAS CAMP 2008

**Location:** Abbotsford Judo Club, 31410 Maclure Road, Abbotsford, BC V2S 6A9

**Information:** Contact: Renee Hock Tel: (604) 734-3197 Email: info@judobc.ca

**Dates:** December 27<sup>th</sup> - 30<sup>th</sup>, 2008

## **Schedule:**

### December 27<sup>th</sup>

7:00 – 9:00 pm Judo-Newaza/Tachiwaza

### December 28<sup>th</sup>

8 am Running  
10 am – 12 am Judo-Randori  
2:00 – 3:30 pm Judo-Technical  
7:00 – 9:00 pm Movie Night

### December 29<sup>th</sup>

7:30 am Running  
9:30 – 11:30 am Judo-Tachiwaza  
1:30 – 3:00 pm Team Building  
3:00 – 5:00 pm Judo-Newaza

### December 30<sup>th</sup>

9:00 – 11:00 am Judo-Randori/Technical  
11:30 am Departure of Athletes

- **The primary focus of this camp will be to help prepare athletes for the 2008/09 competitive season and is recommended for athletes competing in the Juvenile age category or higher.**
- **Athletes, parents and/or club instructors are responsible for arranging their accommodations, transportation and chaperoning of minor aged athletes.**
- **There is no charge to attend the camp. However, athletes will need sufficient funds to pay for meals and activities.**

# Grading

Submitted by Art Nishi, Chair

**REMINDER to all club instructors to submit the names of candidates for promotion to the Chair of the Grading Board before Nov. 15, 2008 in writing for the December 7, 2008 meeting and examination.**

## **October 18 & 19, 2008 Goshin-jitsu, Kime-no-kata and Ju-no-kata Clinic**

This weekend clinic saw the largest number of judokas attending and working very hard to learn and improve their kata knowledge over two days. Goshin-jitsu was conducted by Ron Kuramoto and Rick Blanchard, who placed 2<sup>ND</sup> at the last National Kata Championship. Sunday was divided into 2 groups with Kime-no-kata taught by Bob Sherman and Rick Blanchard, and Ju-no-kata conducted by Art Nishi and Isao Kuramoto. I would like to thank all of the participants, clinic conductors and the Steveston Judo Club for the use of their Dojo.

## **Monday Night Kata Sessions**

The Monday night kata sessions are overflowing with ikkyu's and shodan's learning kata for their promotion and higher ranks practising other katas. These sessions are being conducted by Dave Speight with help from John Morris and Stephen Duran.

## **UP COMING EVENTS**

December 7, 2008	Grading Meeting and Examination	<b>Steveston</b>
	Meeting @ 8:00am/Examination starts @ 9:30 am	
January 16,17, &18, 2009	Kata and Refereeing Clinic	<b>Nanamio</b>
	(details to follow)	
April 18 &19, 2009	Kata clinic	<b>Steveston</b>
	Nage-no-kata and Katame-no-kata	
	Sat. 9:30 – 12:00 Sun. 9:00 – 11:30	
	1:30 – 4:00	
	Cost: \$60.00	
June 2009 Grading examination (day after AGM )		

# NCCP

*Submitted by: Renée Hock*

Thanks to the commitment and dedication of Dr. Ron Wright, Curtis Pentland and Russ Ko our members were able to enjoy two highly successful NCCP courses this fall.

On September 12<sup>th</sup> & 13<sup>th</sup>, 2008 a Multisport A Clinic was conducted in Pitt Meadows. The following judoka participated:

- Matt Binkle
- Mas Iwamoto
- Mario Pouliot
- Rebecca Pretious

As a follow up to this event, a Dojo Assistant technical clinic was also held at the Abbotsford Judo club on September 27<sup>th</sup> & 28<sup>th</sup>, 2008.

- Matt Binkle
- Ramon Rodriguez
- Mas Iwamoto
- Chris Drieschner
- Mario Pouliot
- Tim Davie
- Keiko Sasaki
- Kyle Tadei
- Rebecca Pretious
- Aaron McFadden
- Nicole Edlund
- Layton Keely
- Shawn O'Donnell

Congratulations to all those who participated in an effort to improve their coaching certification. Also, I would like to thank our course conductors Dr. Ron Wright, Curtis Pentland and Russ Ko for helping to make these courses such a success.

\*\*A reminder that all participants must complete their assignments in order to receive credit for these courses. Therefore, please remember to submit your assignments for review as soon as possible.

## **NCCP COMING EVENTS**

### **Multisport B Clinic**

Course Conductor: Dr. Ron Wright

Dates: Friday, January 9<sup>th</sup> (6:30 – 9:30 pm) – Saturday, January 10<sup>th</sup>, (8:30 am - 3:30 pm)

Location: Pitt Meadows Recreation Centre, 12027 Harris Road in Pitt Meadows

Cost: \$125.00. (Please make all cheques payable to Ron Wright)

**Registration deadline: December 25<sup>th</sup>** (Email [info@judobc.ca](mailto:info@judobc.ca) for registration)

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### **Dojo Instructor Clinic**

Course Conductors: Dr. Ron Wright, Curtis Pentland, Russ Ko

Dates: January 24<sup>th</sup> – 25<sup>th</sup>, 2009 (9:30 am – 4:30 pm)

Location: Abbotsford Judo Club

Cost: \$150.00. (Please make all cheques payable to Judo BC)

**Registration deadline: January 9<sup>th</sup>** (Email [info@judobc.ca](mailto:info@judobc.ca) for registration)

# Referee Committee

*Submitted by: Seiko Ouchi, Chair*

The sport of Judo is constantly evolving, resulting in changes in the contest rules. Please be advised that Judo BC will await instruction from the IJF through Judo Canada when/if there are any rule changes. Once these changes have been approved at the National level the Referee Committee will begin implementation of rule changes provincially. Any changes to existing rules will be communicated to our referees through the Referee Committee Chair (Seiko Ouchi).

## **Referee Examinations**

The following Tournaments have been designated for Referee Examinations:

BC Championships	Prov. A-D	October 25, 2008	Abbotsford
Pacific International Jr.	Prov. A-D	November 22, 2008	Steveston
Canada West Invitational	Nat. C	December 6, 2008	Burnaby
Vancouver International	Prov. A-D	January 30, 2009	North Vancouver
Pacific International Sr.	Nat. A, B	February 21, 2009	Steveston
Vancouver Island Open	Prov. A-D	March 7, 2009	Victoria
BC Open Championships	Prov. C, D	April 11, 2009	Vernon
Prince George Open	Prov. C, D	April 25, 2009	Prince George

## **Referee Seminars**

The Judo BC Annual Referee Seminar was held in Abbotsford September 20<sup>th</sup> & 21<sup>st</sup>, 2008. Thirty participants attended this event. I would like to extend a special "thank you" to Mr. Suda and the Abbotsford Judo Club for the use of their facility, and the Judoka who assisted us with the simulated shiai.

A Regional Kata & Referee Seminar is being planned for Nanaimo, Vancouver Island on January 17, 2009. More information is forthcoming.

## **Referee Promotions**

Francis Au-Yueng	Prov. D	September 21, 2008	Abbotsford Seminar
Romain Chappaz	Prov. D	September 21, 2008	Abbotsford Seminar
Alecia Kozbial	Prov. D	September 21, 2008	Abbotsford Seminar
Mike Schmidt	Prov. D	September 21, 2008	Abbotsford Seminar
Chris Scott	Prov. D	September 21, 2008	Abbotsford Seminar
Gordon Shiosaki	Prov. D	September 21, 2008	Abbotsford Seminar
James Chevrette	Prov. A	October 25, 2008	BC Championships
Paul Parsons	Prov. C	October 25, 2008	BC Championships

Congratulations to all.

## **Out of Province Tournaments**

The Judo BC Referee Committee requests that all Referees attending out of Province events notify the Chair in writing as early as possible. Our intention is to contact the Chief Referee of the tournament to ensure that the Referee has the qualifications and the ability to officiate at the event. Further, adhering to this process will facilitate Referee Activity Records for tournament participation.

# Judo Trip to Singapore & Japan

April 14<sup>th</sup> – May 12<sup>th</sup>

*Submitted by: John Huntley, 7<sup>th</sup> Dan  
Aberdeen Judo Academy, Kamloops, BC*

On April 14<sup>th</sup>, Geri and I boarded a Singapore Airlines flight to Singapore. After an 18 hour flight, we were met at Singapore's Changi International Airport by Faouzi Zerrouk, 3<sup>rd</sup> dan, an instructor at the Budo Academy in Singapore and our host for the visit.

Each day I was busy with at least one or two judo sessions and sometimes three! In addition to sessions for instructors on innovative teaching methods, I instructed a ladies-only self-defense class on the use of the Kubotan. Two of my competition-oriented sessions were attended by the Malaysian Trengganu State Team who traveled for 3 hours by bus in order to participate. Nage-no-Kata sessions were also held for the Singapore ikkyu and shodan judoka preparing for grading exams. On our last day I conducted a three hour session at the Hwa Chong Private School for their high school judoka. Walking towards the dojo, we were greeted by loud kiai and thumping sounds and upon entering the large open-air dojo we were surprised to find over 80 judoka already practicing as they waited for us to arrive! These judoka had never seen many of the warm-up drills and the ne-waza & tachi-waza drills, etc. I was demonstrating and paid very close attention, emulating my every move!

April 24 -We boarded a Singapore Airlines flight - a pleasant six hour flight from Singapore to Tokyo's Narita Airport. We took the Narita Express to the Suidobashi station, walked a few blocks to our accommodation, put everything in our rooms before walking a few more blocks to the Kodokan!

First stop at the Kodokan was the gift shop where I picked up a number of Kodokan souvenirs as well as copies of the book, *Mind over Muscle: Writings from the Founder of Judo*. This is a great little book, compiled by Naoki Murata, 7<sup>th</sup> dan, director of the Kodokan Judo Museum and the Kodokan Library. After a long conversation with Murata-sensei on the present make-up of the IJF and on judo throughout the world, he autographed a few copies of the book for individuals back home, and one for myself, of course!

In addition to many attractions around Tokyo - we made a special trip to Eisho-ji, the founding location of the original Kodokan in 1882. Eisho-ji is pretty easy to find, not far from the Kodokan, and is truly an inspiring place that all students of judo should visit.

April 28 -I walked to the Kodokan early, as there was a special Shinto ceremony to mark the 70<sup>th</sup> anniversary of the passing of Kano Shihan (March, 1938). I picked up my entry package for the Zen Nihon Kodansha Taikai (All Japan High Dan Competition) and headed up to dai-dojo to watch the ceremony. That over, I dashed back down to change into judogi for the official opening of the Taikai! As in my last two forays at the Taikai, there were over twelve hundred competitors of Kodokan 5<sup>th</sup> dan rank and higher, with only a few foreigners.

April 29 - We had excellent tickets for the All Japan Judo Championships at the Tokyo Budokan! Originally built for the judo competitions of the 1964 Tokyo Olympic Games, it is a marvel of engineering, and very well maintained. At the start of the formal opening, the spotlights come on sequentially around the dome. The athletes (all 32 of them) march in as their individual

names are announced, and then the Japanese National Anthem is played - this is a very stirring piece of music and more so with the whole audience singing! Kata demonstrations took place prior to the first match, before the quarter finals and before the final match. Excellent demonstrations of Nage-no-Kata performed by a 6<sup>th</sup> dan tori & 5<sup>th</sup> dan uke, Ju-no-Kata by a 6<sup>th</sup> dan joshi tori & 5<sup>th</sup> dan joshi uke and Itsutsu-no-Kata (Forms of Five) performed by an 8<sup>th</sup> dan tori and 7<sup>th</sup> dan uke (Enoki sensei).

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Takahama Sensei, 8<sup>th</sup> dan from Nagoya, who has been bringing competitors to the Kamloops International Shiai every year, was one of the on-mat officials and did an excellent job! I had a chance to talk to him, Enoki Sensei and Sato Sensei outside the Budokan prior to the shiai. Sato Sensei was at the Steveston shiai in February as head of the Tokai University contingent.

At the All-Japans there are no weight divisions and it is interesting to see plucky small judoka do battle with the biggest of the big - and sometimes winning! As somewhat expected, the final match came down to Satoshi Ishii vs. Keiji Suzuki. At one point during the match, Ishii had Suzuki pinned in a very strong kamishiho-gatame, and as I watched the osaekomi clock tick away, I started counting the seconds accumulating, 22, 23, 24, 25 and then 26, 27 & 28! Hey, what gives here! Suzuki escapes at the 28 second mark; then I find out that in Japan, osaekomi ippon is still 30 seconds! Oh, there are no koka scores either - at the Taikai or the All Japans - and no blue judogi to be seen anywhere in Japan! Japan also has stayed with red & green mats for the contest area, with red mats still being inside the contest area. Ishii wins the title over Suzuki!

May 1 – The next scheduled stop on our tour was Nagoya, where we were once again invited to visit by Takayoshi Takei, 5<sup>th</sup> dan, vice-principal of Taisei High School and head coach of the judo team - one of the top competitive teams in the high school program in Japan. Talk about a big dojo. One large area divided by a row of roof-supports, but huge - I would guess about 3/4 the size of dai-dojo at Kodokan! Also staying at the Taisei High School was Todor Paounov, a 16 year old sankyu from Boston who had arrived a few weeks earlier for a year long stay to learn Japanese and judo! Todor's father and coach Takei were friends, and thus the arrangement was made for Todor to go to school at Taisei! It's interesting how far a passion for judo can take you!

May 6 - Leaving Nagoya on the Shinkansen, our next place to visit was Kyoto, where we spent 4 very short days - too much to see, not enough time. We checked into the Rihga Royal Hotel, and took a bus to the Heian Shrine grounds to visit the Butokuden, the oldest wooden-structure, martial arts building in the world. Built in 1894, it is a beautiful old structure, still in daily use for a variety of martial arts including Judo & Karate. In previous visits, we were fortunate to watch laido, Kendo and Naginata sessions. In the early years of Kodokan Judo, Kano Shihan was known to have sent Kodokan instructors to the Butokuden to ensure a standardized level of instruction.

Situated near the Butokuden is the Kyudo (archery) dojo. After introductions and exchanging of business cards, the Kyudo sensei invited us to be seated, and proceeded to give us a personal demonstration. I had my small digital camcorder sitting unobtrusively off to the side, silently recording his every move!

May 8 - We were again on a Shinkansen for the super fast trip back to Tokyo. On the walk to our accommodations, we just had to stop at the Kodokan to see if there was anything happening. Wow, the place was humming - juniors practicing on one mat, beginner senior

classes on another and yudansha randori on the other two mat areas. The juniors bowed out at 6:00 pm, the senior beginner class an hour later, and then the whole mat area was open randori comprised of brown belts and yudansha only. My rough count had around 100 judoka out! I took lots of video footage as this small digital camcorder worked great, and was very easy to carry! When everything finished, we headed back to the Ryokan to try pre-packing for the trip home.

May 12 – This was our last day in Japan - and also our last meal at Jonathon's! I should buy shares in this place - open 24 hours a day, and always busy! Our dilemma - how are we going to get all of this stuff through the airport check-in without paying an overweight charge?

-3-

It's amazing how much you accumulate in a one-month trip! We did bring a number of gifts that we gave out, thereby creating space in our luggage, but between gifts received (like a new double-weave judogi!), souvenirs, pottery, books, maps, brochures, posters and information sheets . . . well, you get the picture. In any event, with innovative packing, wearing a bit of extra clothing and carrying as much as we could, we were just slightly over the maximum limit. No matter - they didn't even check the weight!

The flight home was relatively short - only 9 hours to Vancouver as opposed to our 19 hour flight to Singapore!. Finally, we touched down at Vancouver International Airport - and started the slow process of clearing customs. We hurried to the departure gate for our final flight home, check-in and one hour later we landed in Kamloops, happy to be home, but sad to be back after a wonderful trip.

. . . . looking forward to the next trip . . . . planning our itinerary . . . . saving our pennies . . . .



The advertisement for Kotamedia.com features a collage of images on the left side, including a 'JUDO BC' logo, a person in a judogi, a 'JUDO' logo, a 'HUNDREDS OF DOLLARS WORTH OF EXCLUSIVE SAVINGS' graphic, and a photo of a smiling couple. To the right of the collage, the services offered are listed:

- **Web Design**  
*"Get Started on the Web Today with a Single Page Website"*
- **Elevator Advertising**
- **Graphic Design**

At the bottom of the advertisement, the contact information is provided:

**www.kotamedia.com**      **Tel - 604.612.3237**  
**Email - info@kotamedia.com**

# **World Police & Fire Games**

**August 7<sup>th</sup>-8<sup>th</sup>, 2009**

**Burnaby, BC**

The Judo Competitions of the 2009 World Police & Fire Games will be held in Burnaby on Friday & Saturday, August 7 & 8, 2009. Mr. John Huntley, 7<sup>th</sup> dan, has appointed the Tournament Director for the Judo Competitions. In addition to the Judo Competitions, 64 other sports are involved, and there are a number of 'social' activities taking place!

We are currently in the process of assembling volunteers that would like to take part in this historical event. Some of the committees required include:

- accreditation
- shiai site set up
- weigh-in of athletes (female & male)
- timekeepers/scorekeepers
- on-mat officials (referees & judges - minimum of national certification)
- medical & first aid - (Dr. John Cleland, 2nd dan, Aberdeen Judo, will be the overall medical supervisor)
- head table workers (draw sheets, recorders, runners, etc.)
- athlete greeting & hospitality room

These are just some of the activities that will require dedicated volunteers!

At this time, we are simply asking for some indication of your desire to be part of the Games, even if it is just a small desire! The final participation commitment will be next spring. Interested parties should contact Mr. Huntley directly using the information provided below:

John A. Huntley, Tournament Director / Coordinator (Judo)

2009 World Police & Fire Games

jahuntley@shaw.ca

250-374-9945 (h)

250-851-6363 (c)

[www.aberdeenjudo.com](http://www.aberdeenjudo.com)

# Photo Gallery



Above: Stefan Zwiers (back left) and Scott McGrandle (far right) with Team Canada



Above: Participants of the 5<sup>th</sup> Annual Instructor's Seminar

# Photo Gallery



Above: BC's newest Provincial D Referees pose with Les Kotani



Above: Sensei John Huntley teaching kata to ikkyu's and yudansha in Singapore

# Tournament Results

## US Open Judo Championships

Colorado Springs, USA

September, 26-28, 2008

Blake Tsyuki	-60 kg	5 <sup>th</sup>	Shidokan
Scott McGrandle	-73 kg	1L	Shidokan
Justin Imagawa	-81 kg	1L	Shidokan

## Quebec Open Judo Championships

Montreal, PQ

October 11<sup>th</sup> -12<sup>th</sup>, 2008

### Gold

Brandon Jobb	U17	-73 kg	Abbotsford
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### Silver

Ashley Bartlett	U20	-63 kg	Burnaby
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### 5<sup>th</sup> Place

Jessica Mah	U20	-48 kg	Burnaby
Nicole Edlund	U20/Sr	-52 kg	Abbotsford

**Congratulations!**

Make submissions to  
**The JUDO BC Digest**  
*4421 Prince Albert St.*  
*Vancouver, BC V5V 4K1*  
*Phone: 604-734-3197*  
*Fax: 604-251-3197*  
*E-mail: [info@judobc.ca](mailto:info@judobc.ca)*  
*[www.judobc.ca](http://www.judobc.ca)*

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